

Unit PPL3PC7 (HK8D 04) Cook and Finish Complex Meat Dishes

I confirm that the evidence detailed in this unit is my own work.

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| **Candidate’s name** |  | **Candidate’s signature** |  | **Date** |
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I confirm that the candidate has achieved all the requirements of this unit.

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| **Assessor’s name** |  | **Assessor’s signature** |  | **Date** |
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| **Countersigning — Assessor’s name**  **(if applicable)** |  | **Countersigning — Assessor’s signature**  **(if applicable)** |  | **Date** |
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I confirm that the candidate’s sampled work meets the standards specified for this unit and may be presented for external verification.

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| **Internal verifier’s name** |  | **Internal verifier’s signature** |  | **Date** |
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| **Countersigning — Internal verifier’s name**  **(if applicable)** |  | **Countersigning — Internal verifier’s signature**  **(if applicable)** |  | **Date** |
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| **External Verifier’s initials and date (if sampled)** |  |

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| **Unit overview** |
| This unit is about cooking and finishing complex meat dishes, for example:   * osso bucco * pot roasted leg of lamb * beef wellington   The unit covers the primary and secondary cuts of a range of meats. It then goes onto the cooking methods and finishing techniques associated with complex meat dishes. |

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| **Sufficiency of evidence** |
| There must be sufficient evidence to ensure that the candidate can consistently achieve the required standard over a period of time in the workplace or approved realistic working environment. |

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| **Performance criteria** |
| **You must do:** |
| There must be evidence for all Performance Criteria (PC). The assessor **must** assess PCs 1-8 by directly observing the candidate’s work.  For PC 9, if it is not possible to observe both ‘holding’ and ‘serving’, alternative methods of assessment may be used for one of them (ie either holding **or** serving) but the assessor must observe the other.  PC 10 may be assessed by alternative methods if observation is not possible. |
| 1 Select the type and quantity of meat needed for the dish.  2 Check the meat to make sure it meets quality standards and other requirements.  3 Choose the correct tools and equipment to cook and finish the meat.  4 Use the tools and equipment correctly when cooking and finishing the meat.  5 Combine the meat with other ingredients.  6 Cook the meat for the requirements of the dish.  7 Ensure the dish has the correct flavour, colour, consistency and quantity.  8 Garnish and present the dish to meet requirements.  9 Ensure the dish is at the correct temperature for holding and serving.  10 Store any cooked meat not for immediate use in line with food safety regulations. |

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| **Scope/Range** | | | |
| **What you must cover:** | | | |
| **All** scope/range must be covered. There must be performance evidence, gathered through direct observation by the assessor of the candidate’s work for: | | | |
| **two** from:  a beef  b lamb  c pork  d veal | **four** from:  e grilling (both over and under heat)  f frying (deep or shallow or stir)  g boiling  h braising  i steaming | j stewing  k roasting  l pot roasting  m sous vide  n combining cooking methods | **two** from:  o garnishing  p saucing, glazing or dressing  q presenting |
| Evidence for the remaining points under ‘what you must cover’ may be assessed through questioning or witness testimony. | | | |

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| **Evidence reference** | **Evidence description** | **Date** | **Performance criteria** | | | | | | | | | |
| **What you must do** | | | | | | | | | |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** |
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| **Evidence reference** | **Evidence description** | **Date** | **Scope/Range** | | | | | | | | | | | | | | | | |
| **What you must cover** | | | | | | | | | | | | | | | | |
| **a** | **b** | **c** | **d** | **e** | **f** | **g** | **h** | **i** | **j** | **k** | **l** | **m** | **n** | **o** | **p** | **q** |
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| **Knowledge and understanding** | | **Evidence reference**  **and date** |
| **What you must know and understand** | |
| For those knowledge statements that relate to **how** the candidate should do something, the assessor may be able to infer that the candidate has the necessary knowledge from observing their performance or checking products of their work. In **all** other cases, evidence of the candidate’s knowledge and understanding must be gathered by alternative methods of assessment (eg oral or written questioning). | |
| 1 | How to select the correct type, quality and quantity of meat to meet dish requirements. |  |
| 2 | What quality points to look for in meat. |  |
| 3 | What you should do if there are problems with the meat or other ingredients. |  |
| 4 | What the correct tools and equipment are and the reasons for using them when carrying out the required cooking methods. |  |
| 5 | How to combine meat with other ingredients to create a complex and balanced dish. |  |
| 6 | How to carry out each of the cooking methods according to dish requirements. |  |
| 7 | The correct temperatures for cooking each type of meat using each cooking method and why these temperatures are important. |  |
| 8 | How to check and adjust the flavour, consistency and colour of the complex meat dish. |  |
| 9 | What cooking methods are appropriate to each type of complex meat dish and how to check that meat is cooked correctly. |  |
| 10 | How to minimise and correct common faults in complex meat dishes. |  |
| 11 | The appropriate finishing methods for a range of complex meat dishes. |  |
| 12 | The current trends and methodologies in relation to cooking and finishing complex meat dishes. |  |
| 13 | The correct temperatures for holding and serving complex meat dishes. |  |
| 14 | How to store complex meat dishes not for immediate use. |  |
| 15 | Healthy eating options when cooking and finishing complex meat dishes. |  |

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# Supplementary evidence

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| **Evidence** | | **Date** |
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| **Assessor feedback on completion of the unit** |
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